

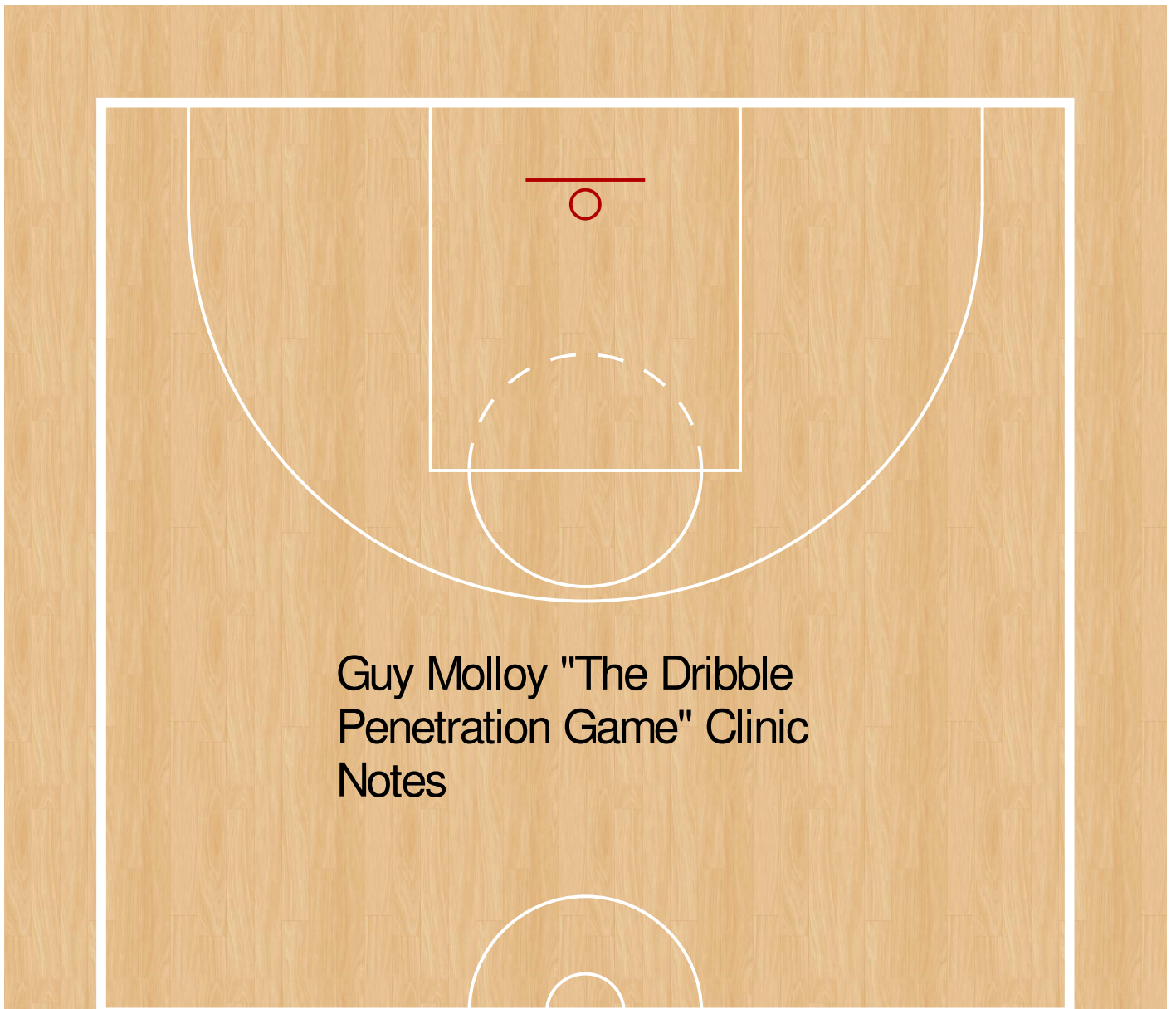
Guy Molloy

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Dribble Penetration Game Clinic Notes

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Reads



Never assume they know how to learn.

Each phase builds to the next one.

Every day is to never assume how long a phase will take.

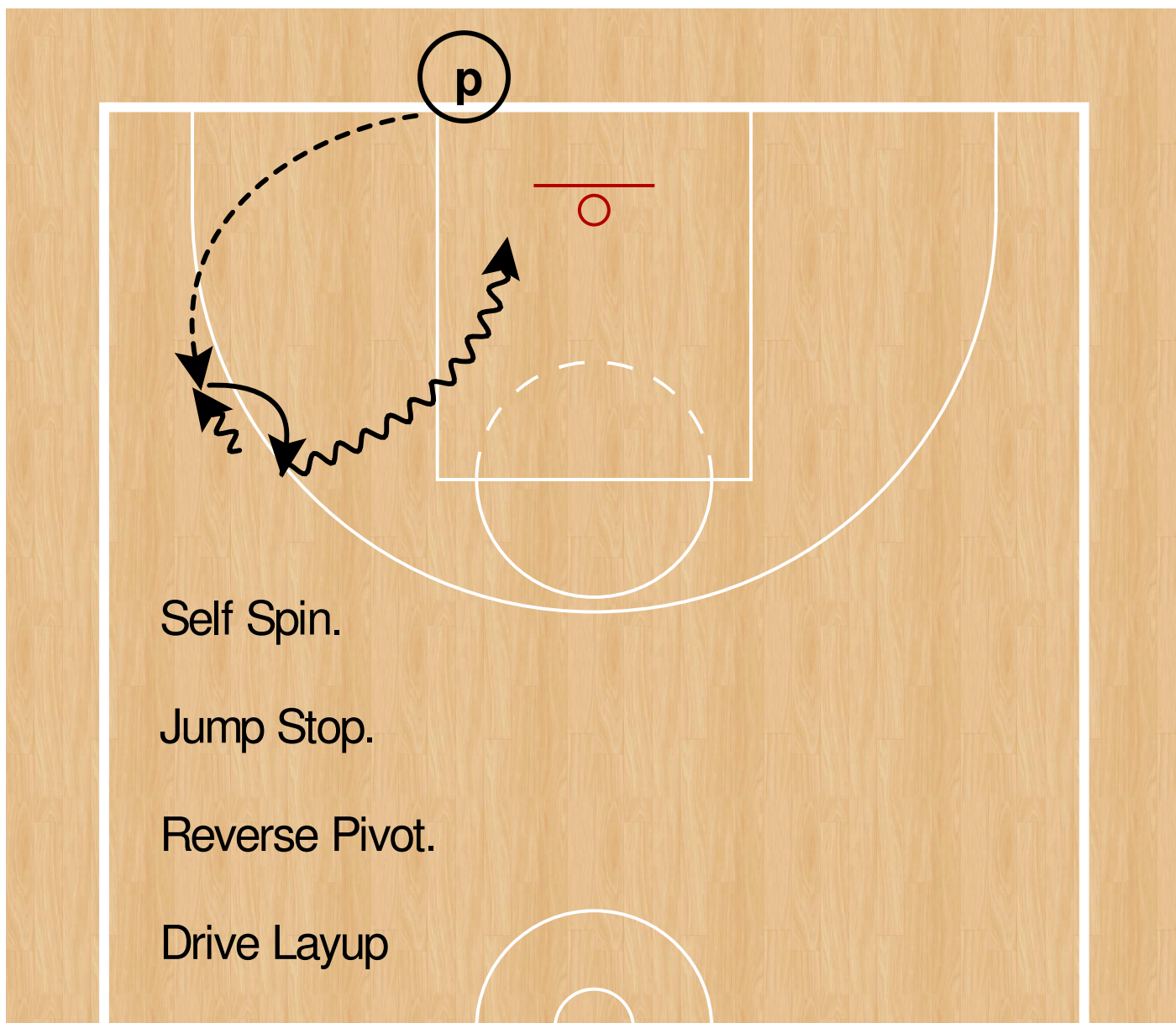
Teach everyday. Learn everyday.

Message is not what you say, it is what you hear.
-Eye contact, body language, walking away.

They must show and tell us after we show and tell them.

Dribble Penetration Game Clinic Notes

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Keep stance low, get lower.

Rip ball from ear to the laces - more spring.

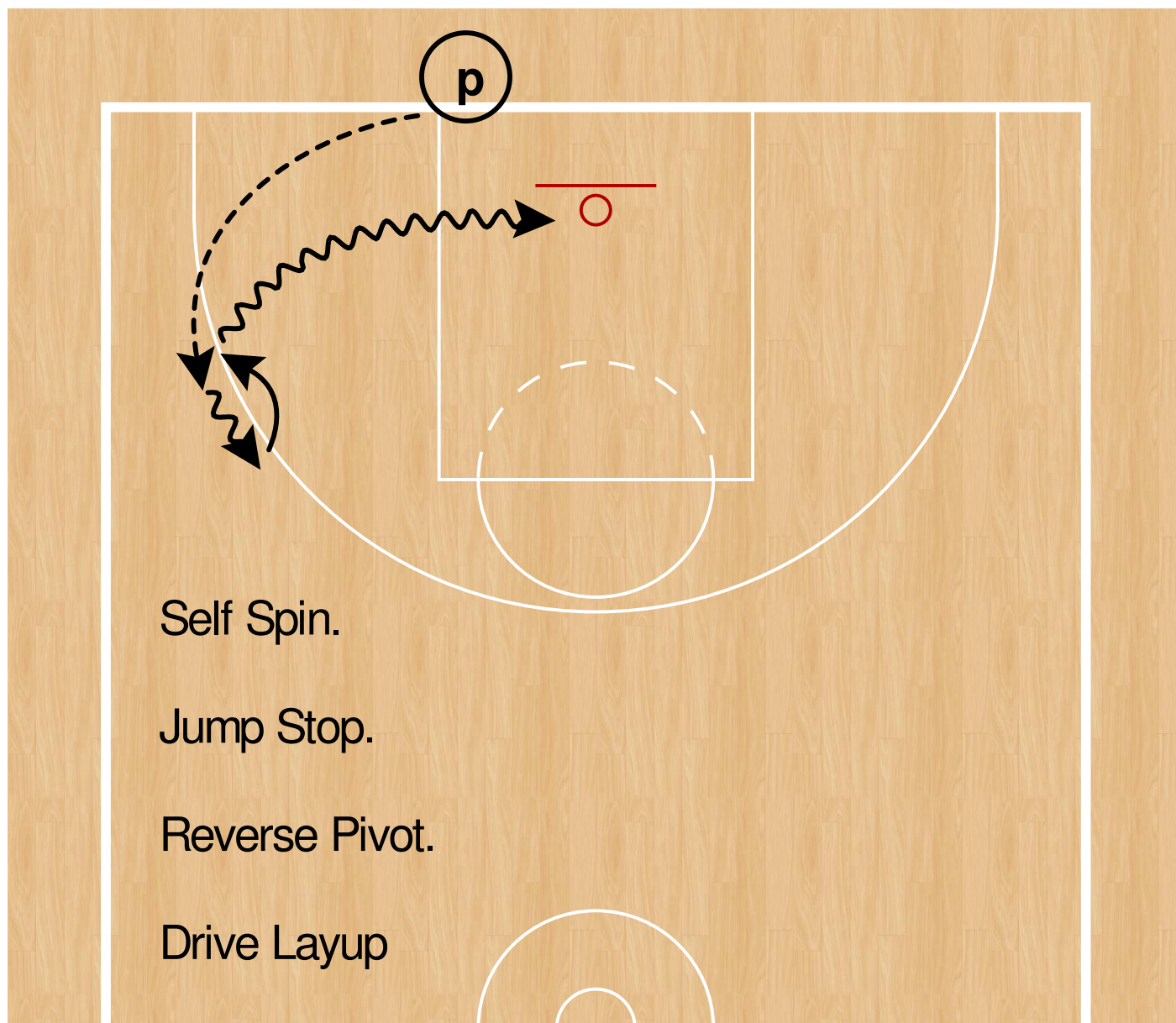
First step long and low (chest to knee).

Ask - what was the second point I just told you?

Challenge them to touch actual laces with ball on the rip through.

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Both Directions.

Keep stance low, get lower.

Rip ball from ear to the laces - more spring.

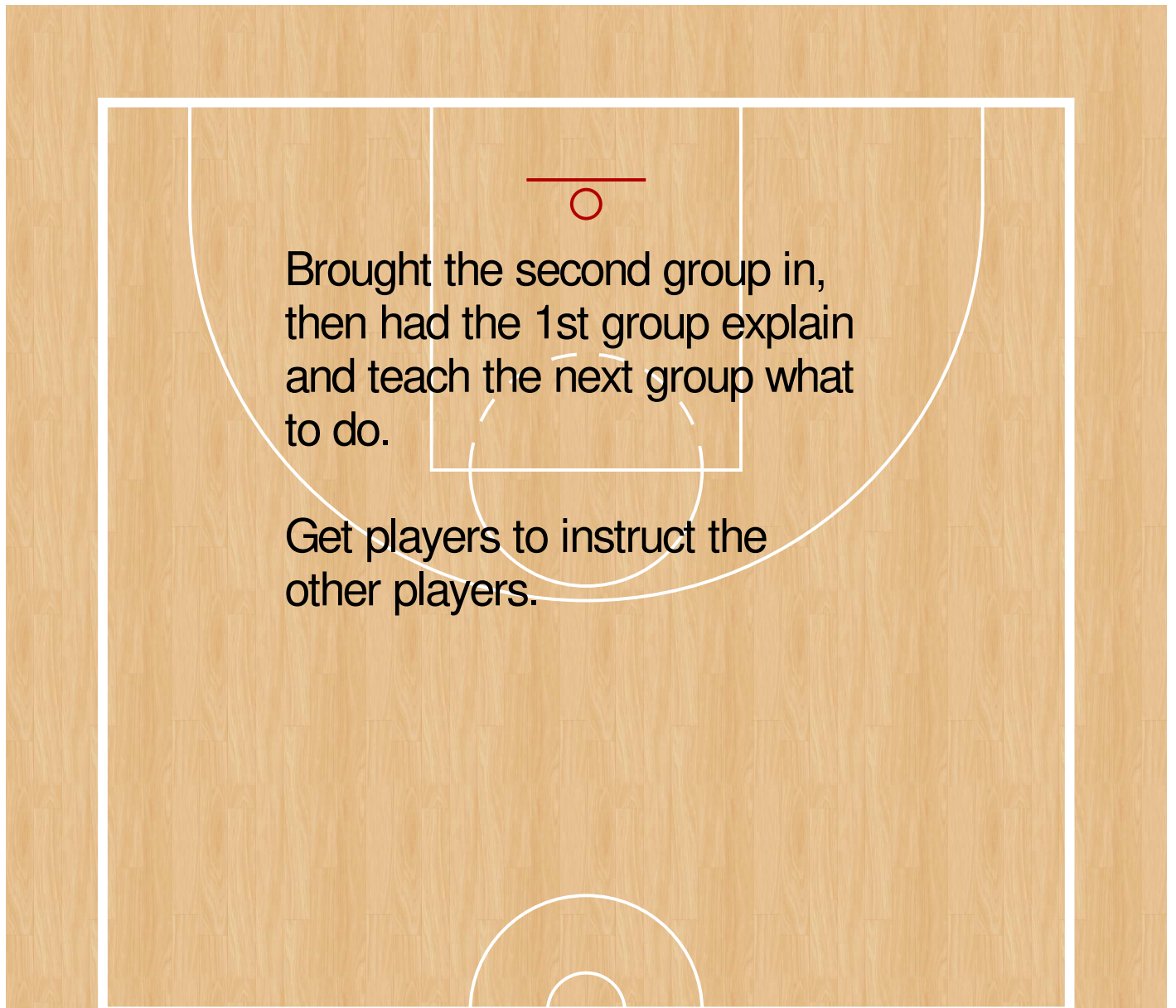
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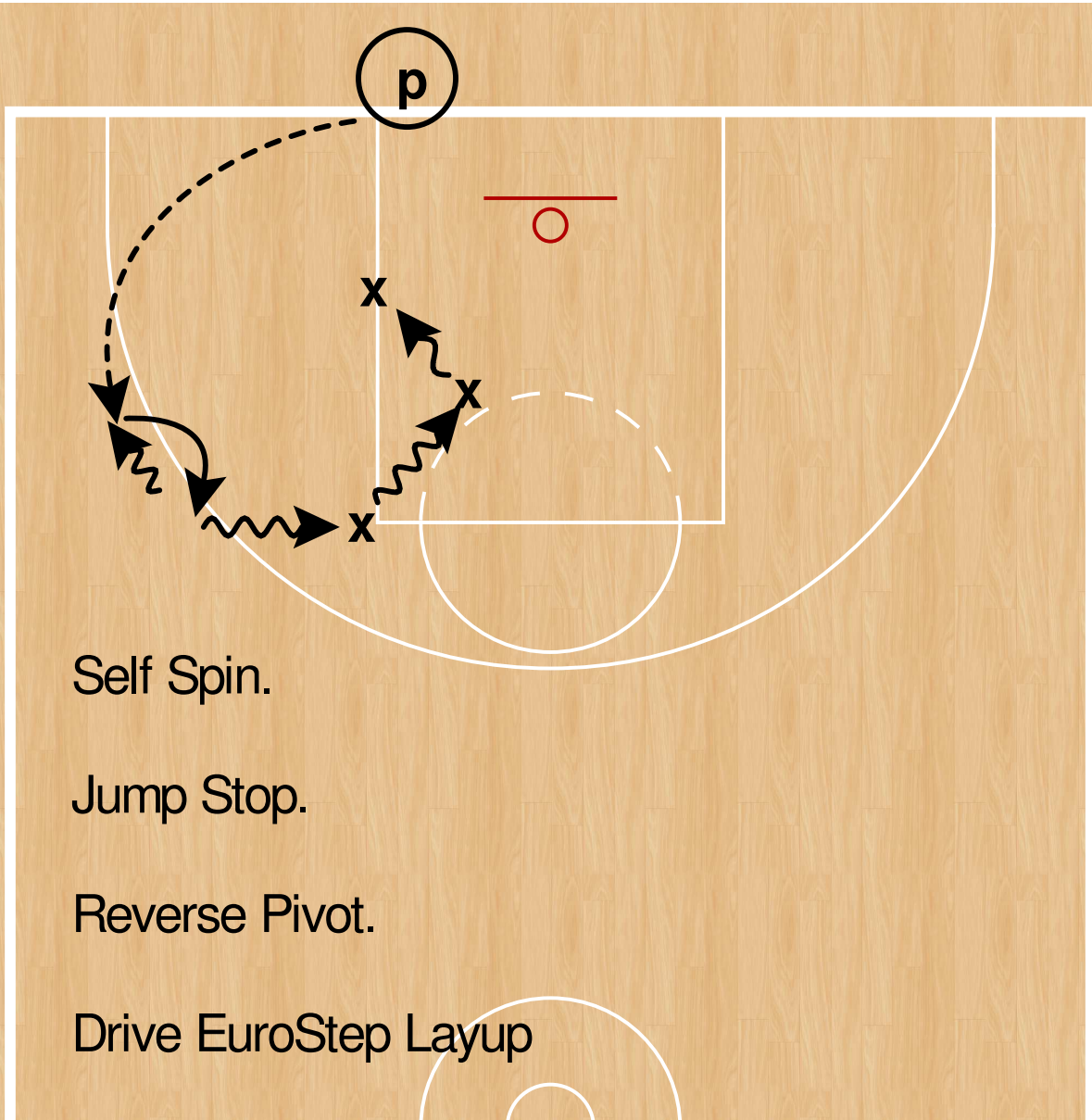
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Self Spin.

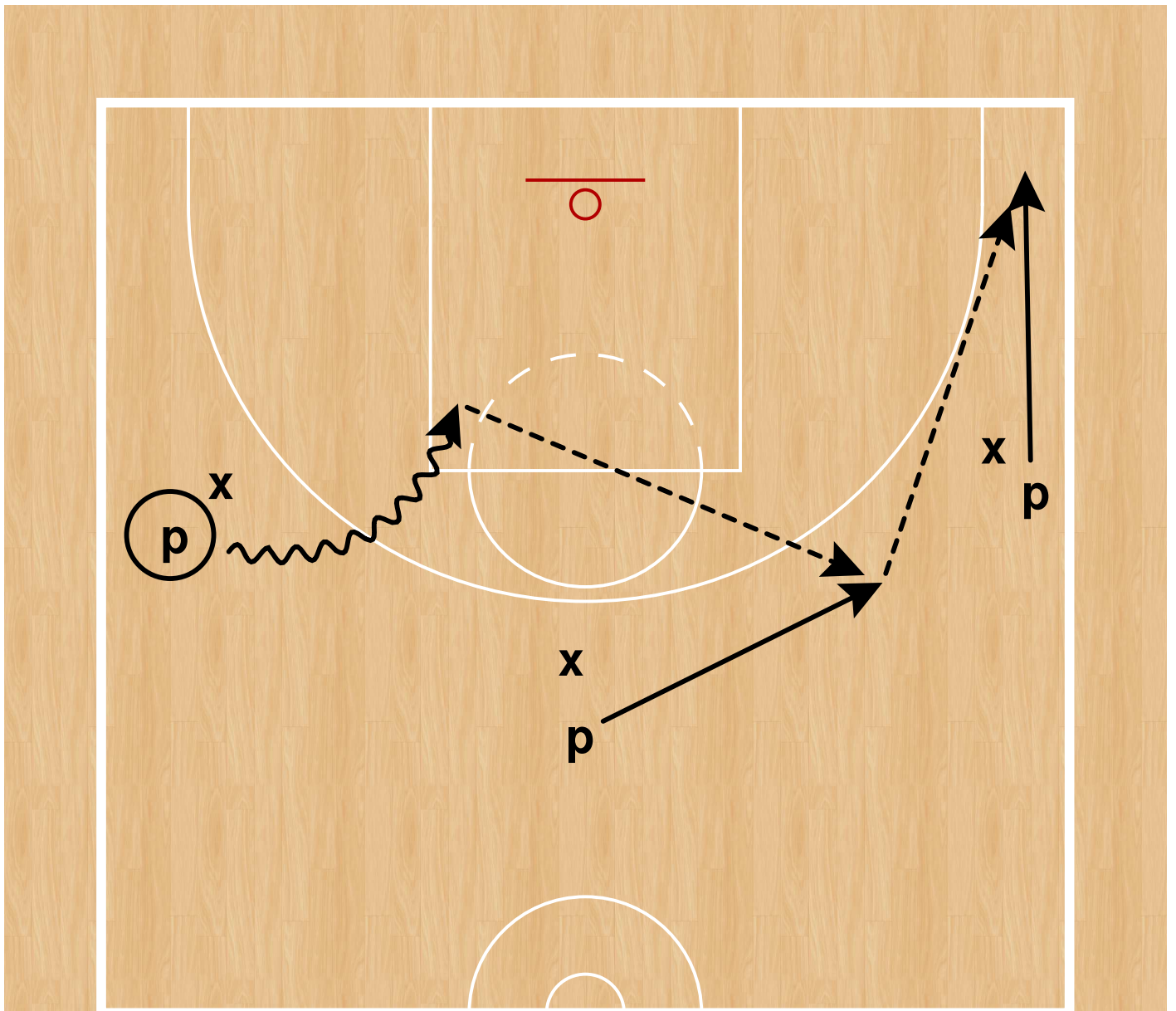
Jump Stop.

Reverse Pivot.

Drive EuroStep Layup

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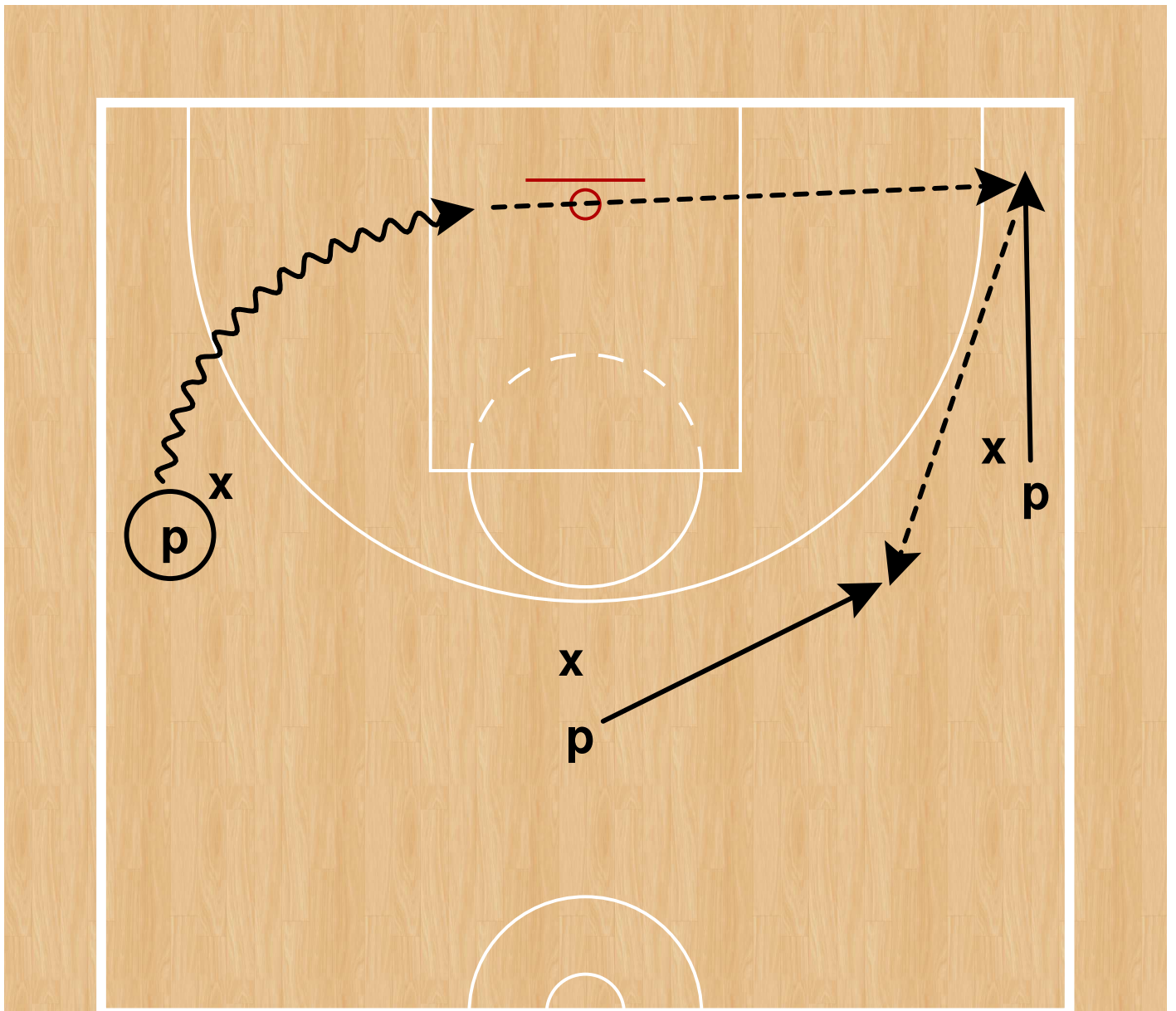
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On any penetration, all rules of the offense go away and we are reading the ball.

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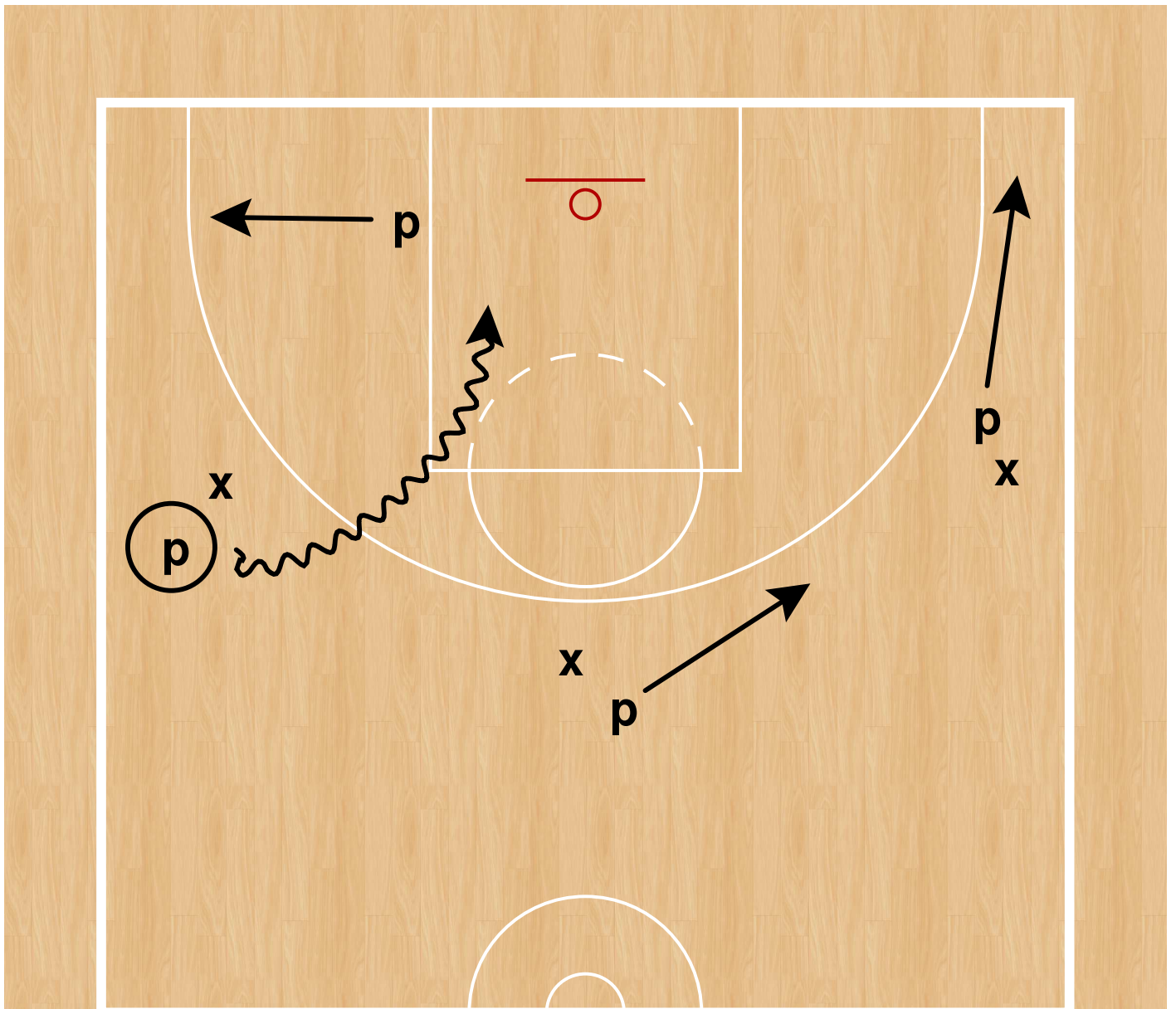
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Baseline drift, extra pass.

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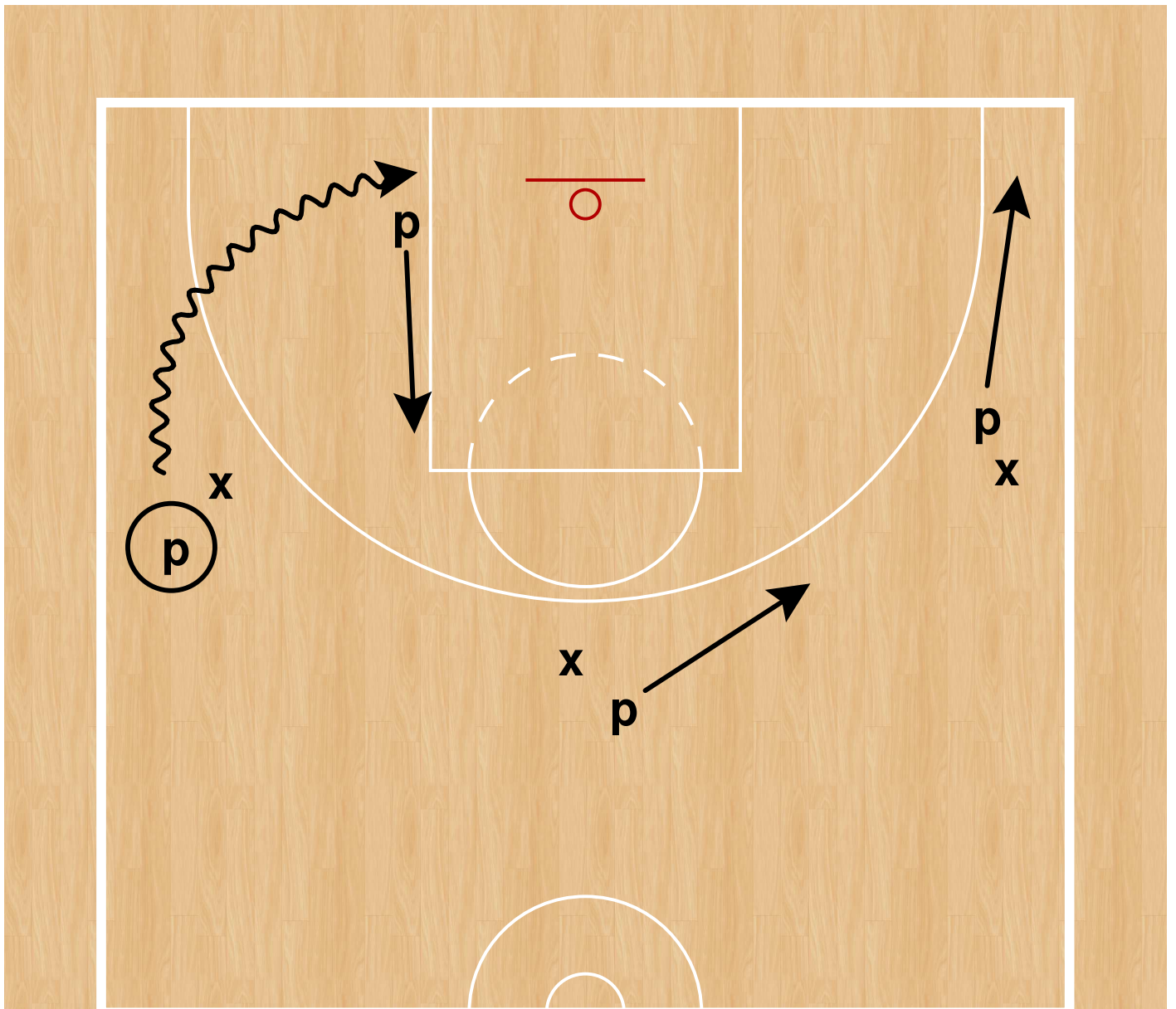


Post players slide up matching the ballhandlers hand.

Right hand drive, post player slides to the right. Left hand drive, post player slides to the left.

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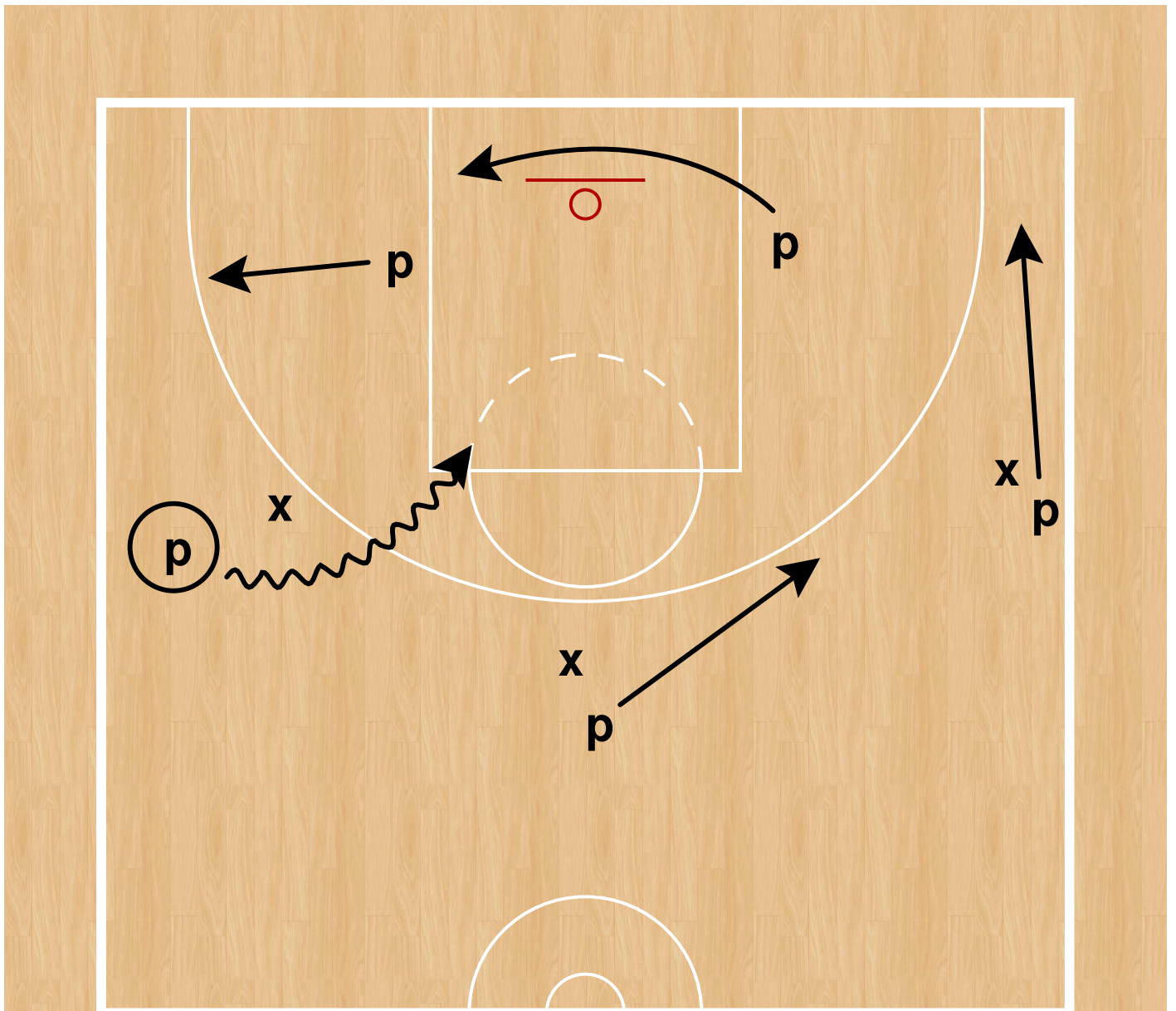


Post players slide up matching the ballhandlers hand.

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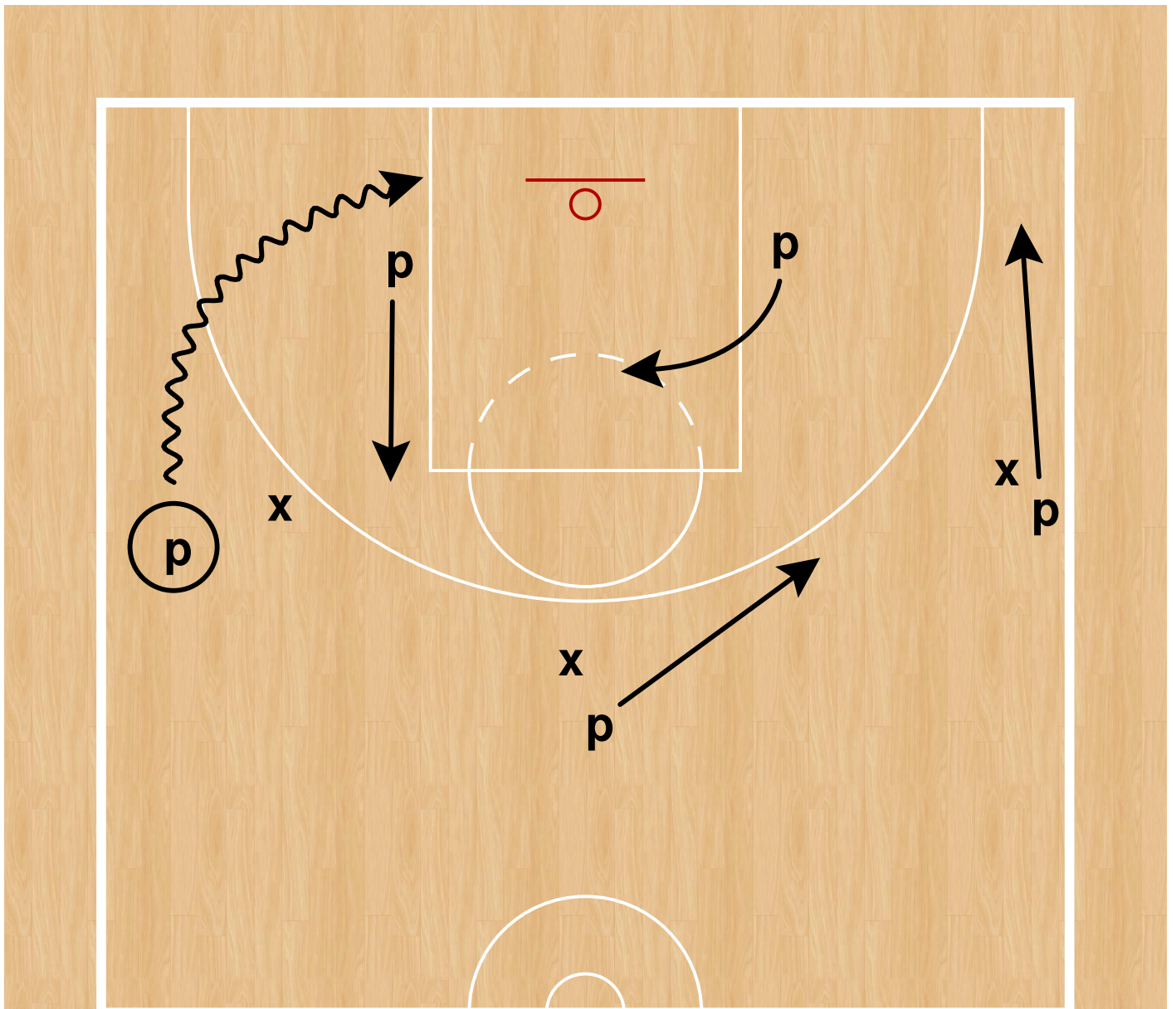
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Keep the same rule when driving, so both post players slide to the right or the left depending on drive.

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