

25 Offensive Thoughts

1. Shoot – If you have a good shot (must be determined by the coach)
2. Pass – If you don't have a good shot or if someone has a better shot.
3. Dribble – as the last resort, Use it to get out of trouble or to attack the basket
4. Always try to screen for someone. . . preferable the man away
5. When passing always look for a return pass
6. Move with a purpose – don't just burn up energy
7. Stay out of the scoring area unless you are trying to score
8. Get the ball in to the man in the scoring area
9. When in the scoring area, always come to meet the ball
10. Always check your team's offensive and defensive spread and balance.
11. Remember to use the change of pass often
12. Work on your change of direction, something most important in an offense
13. If your guard plays you tight – move out wide
14. If your guard plays you loose – shoot over him
15. Practice head, shoulder, and ball fake
16. Run with short steps to change direction fast
17. Keep away from the sidelines – you're easier to guard there
18. Don't try to be a fancy passer
19. Pass to teammates at the same level at which you start to pass
20. Don't hold the ball for a long time – it gives the defense time to recover
21. Don't use up your dribble without a purpose to mind
22. Learn to go under the basket and score with a reverse layup
23. Be able to start or lead the fast break without being a scatterbrain

24. Get a short hook shot for fast breaks and drives across the lane

25. Pass and cut – don't dribble against zone presses