

Louisiana Tech



Table of Contents

1.	Motion Offense		2
	1.1	Motion	2
2.	Half Court Sets		3
	2.1	AI PNR	3
	2.2	Chin	3
	2.3	Cross Rip	3
	2.4	Elbow	4
	2.5	Lob	4
	2.6	PNR Double	4
	2.7	Spread PNR	5
3.	BLO	В	6
	3.1	BLOB ISO	6
	3.2	Box Rub	6
	3.3	BLOB Double	6
	3.4	X	7



Motion Offense

Motion Louisiana Tech

Frame 1

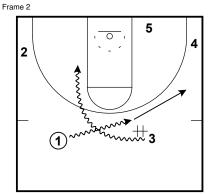
2

4

1
3

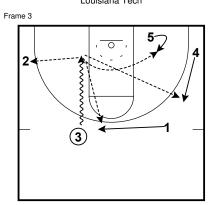
Goal is to get the ball into the middle of the floor and either finish or kick to open shooter.

Motion Louisiana Tech



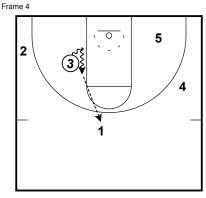
1 has options but if he is defended on the drive, he can dribble handoff to 3. As soon as he hands it off, he spaces immideately. 3 looks to attack.

Motion Louisiana Tech



If a player drives into the key, players must fill spots to allow passing lanes. 1 fills in behind, 4 lifts to lane line extended. 5 remains low for a drop pass opportunity.

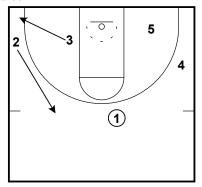
Motion Louisiana Tech



Key point: if he is going to pass back to 1, he must reverse pivot with the ball and almost pitch it back to 1.

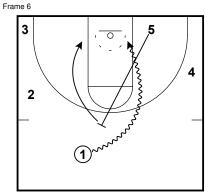
Motion Louisiana Tech

Frame 5



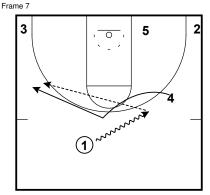
Biggest thing with the offense and motion is to keep the floor spaced. 5 & 4 can set pick & rolls when they feel its necessary, or if a guard calls for it.

Motion Louisiana Tech



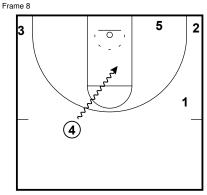
Example of Spread PNR with floor spaced.

Motion Louisiana Tech



If a team is switching, they will run 1-4 pick & roll and either have 1 or 4 take advantage of the switch.

Motion Louisiana Tech

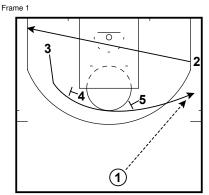


Isolation for 4.



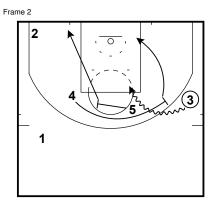
Half Court Sets

AI PNR Louisiana Tech

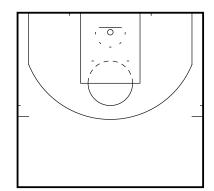


3 cuts off 4 & 5 to the wing. 1 passes to 3, 1 & 2 clear to space on opposite wing.

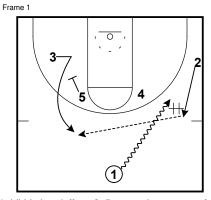
AI PNR Louisiana Tech



5 screens 4 man and sprints to short corner (Pivot) 4 sprints and sets a ballscreen for 3 and rolls to the rim. 3 attacks.

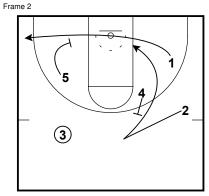


Chin Louisiana Tech



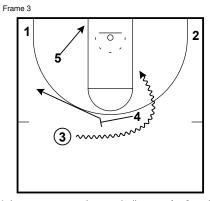
1 dribble handoffs to 2, 5 sets a down screen for 3. 2 passes to 3.

Chin Louisiana Tech



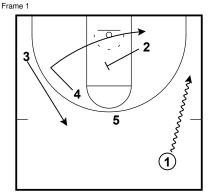
4 sets backscreen for 2 and 5 screens for 1.

Chin Louisiana Tech



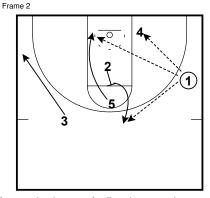
 $4\ \mbox{then}$ steps up and sets a ballscreen for $3\ \mbox{and}$ pops, $5\ \mbox{slides}$ low.

Cross Rip Louisiana Tech

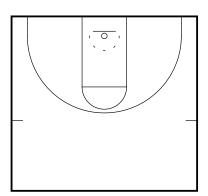


2 sets cross screen for 4.

Cross Rip Louisiana Tech



2 sets a backscreen for 5 and pops to the top of the key. 1 has 3 options and chooses best one.

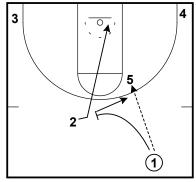




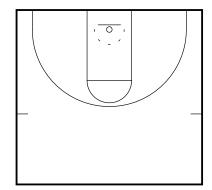
Half Court Sets

Elbow Louisiana Tech

Frame 1

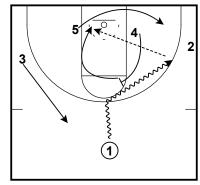


1 passes to 5 at the elbow. 1 screens for 2. Both players read the defense and cut off of 5 looking for the ball.

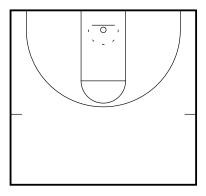


Lob Louisiana Tech

Frame 1



Against teams that hedge hard, 4 sets a ballscreen around the elbow. At the same time, 5 sprints across towards the ball, 3 sprints up. This leaves the backside wide open for 4 on the roll. 1 passes to 4.

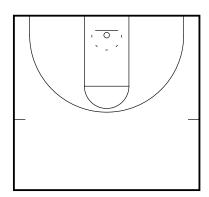


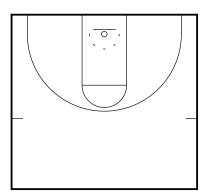
PNR Double Louisiana Tech

Frame 1



5 sets a ballscreen for 1, 4 & 3 set a double screen for 2. 1 reads the defense and chooses best option.



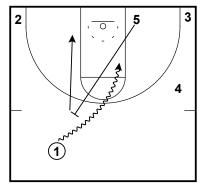




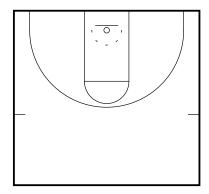
Half Court Sets

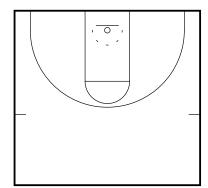
Spread PNR Louisiana Tech

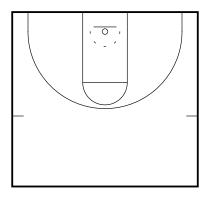
Frame 1

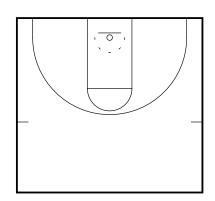


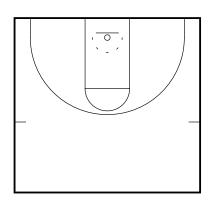
4 is lifted on the wing, 2 & 3 are spread in the corners, 5 sets a high ballscreen and rolls to the rim.

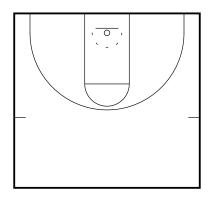


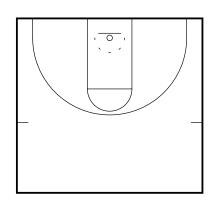


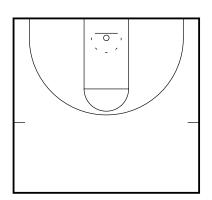






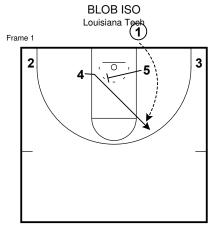




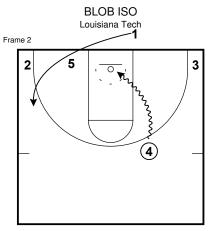




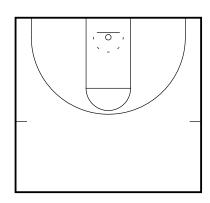
BLOB

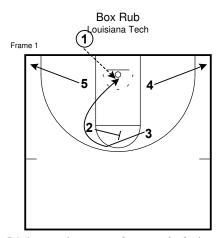


5 cross screens for 4 who pops to the wing.

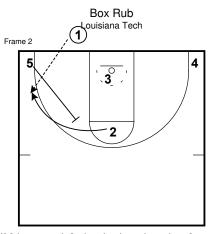


ISO for 4.

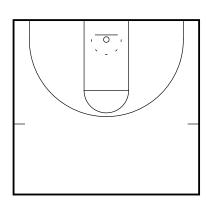


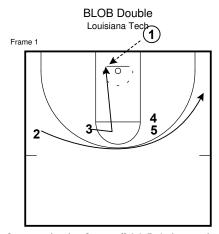


 $5\ \&\ 4$ pop to the corners, 2 screens for 3 who dives to the rim.

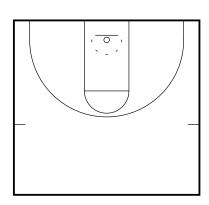


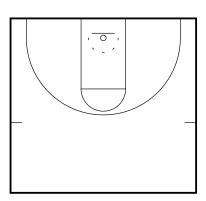
If 3 is covered, 2nd option is to throw it to 2 coming off of screen from 5.





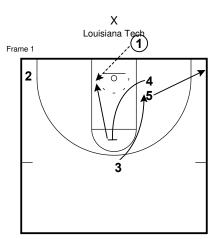
3 cuts to the rim, 2 cuts off 4 & 5. 1 chooses best option.







BLOB



 $4\ \text{screens}$ for $3\ \text{and}$ then rolls to the rim. $1\ \text{reads}$ the defense and chooses best option.

