

2008 TABC Clinic Notes

Brad Stevens-Butler University

3 vs.3 Closeout- Everyday

**Offensively- Perimeter guard rules: 1 dribble from 15 ft.
2 dribbles from 21 ft.**

Vic Schafear-Texas A&M University

We do these defensive drills Everyday!

**1 vs. 1 Zig Zag combination offense and defense working on charges
4 vs. 4 Shell
3 on 3 Rebounding w/defensive combination
3 on 3 Pick -n -Roll defense- how are you going to defend it on and off ball**

Jim Christian-TCU man defensive drills

**3 Line closeouts vs. Coaches
2 Line help and recover CP: don't show #'s, work on staying low and sprinting to man
Transition defense 5 vs. 5- CP: COMMUNICATION
5 vs. 4 + 1- One of better defensive drills
Chest drill- one defender under goal and 2 offensive players outside the block
Coach stands at FT line and passes to the offensive players whom attack
The rim. The defensive player must try to chest up with position outside
Lane line and look to draw charges**

Tom Crean- Indiana University

Transition notes:

**Offense 2 vs.1 - dribble ball with inside hand and read...either pass or step thru with inside
Foot if defense overplays
3 vs. 2 -make 2 on defense scoot up by hesitation or threat of shot (fake) and key it over
To the elbow**

Defensive notes: Defending ball screens: press up on screener and go 3rd man with ball defender

Keys to Building a program

Thru motivation

Coach Crean and his staff have these boards up in locker rooms and watch film immediately after games so they are updated and ready to go for the guys to see when they come in the next day..

These are the boards that are graded by his staff:

Marquette Defensive Board

- 1.) Deflections (Individual)**
- 2.) Charges taken (2 deflections count as a charge)**
- 3.) Forced turnovers**
- 4.) M.A.'s (missed assignments)**
- 5.) 50/50 Ball + or - in getting to**
- 6.) Shot challenges. Use charts to get percentage of challenged shots.**
- 7.) Block outs. Strive for 85%**

8.) Blow Bye's- 1 on 1 defense

Marquette offensive board

- 1.) Missed Layups- 10 push ups/after a loss 25 pushups**
- 2.) Bad shots vs. open shots**
- 3.) Missed Assignments. Ex: screens, cuts, spacing of penetration, positions**
- 4.) Assists**
- 5.) Offensive rebound attempts**